

Keystone Nursing Care Center

Monthly Newsletter

October 2016

Page 1

From the desk of the Administrator

Resident's Rights:

Each resident has the right to be informed orally and in writing in a language that the resident understands about eligibility requirements and how to apply for and use financial and medical assistance including Medicaid, and how to receive refunds for previous payments covered by such benefits.

Where the resident is incompetent the rights and responsibilities of the resident devolve to the resident's legal representative or family member to the extent permitted by Iowa law. This statement contains the general rights of each resident and is not all inclusive. Specific provisions implementing these general rights are included in the facility's policies and procedures which are available upon request.

Please be aware that the Medicare Open Enrollment period starts October 15th and runs to December 7th. During this time you are able to switch insurance policies without any penalty. If you have any questions regarding this please contact the SHIIP office in Des Moines for a free comparison to see if there is a policy that might better suit your needs.

If you have any questions regarding this resident's right, please contact Tracy Hanson, Administrator at the Care Center. 319-442-3234.

October Coat Drive:

We will be having a coat drive throughout the month of October for children in the community in need. Coats, hats, gloves, snow boots, etc.

Please drop off new or gently used items in the box provided at the care center. If you have any questions call Cindy, Social Worker at the care center.



MEALS ON WHEELS NEWS:

Looking Ahead Towards *Winter*:

In inclement weather we will not be delivering meals on wheels. Please tune in to KCRG TV 9 news for cancellations.

Also we have purchased a gently used vehicle to deliver our meals. We are serving 575 meals a month! See our new ride below:



Thanksgiving Meal on us!

The care center will be providing a free Thanksgiving meal on November 29th at the Van Horne Community Center Senior Citizens Lunch. All are welcome to come! Please RSVP to Cindy Behrens at 319-442-3234 if you are interested. Watch for reminders as we get closer!



For Sale:

We currently have the following gently used items for sale. If interested contact Tracy Hanson or stop by to check these items out:



Spreader \$20.00 or best offer.

2005 John Deere lawn mower bagger. Fits 110 lawn mower. \$200.00 or best offer.



2014 John Deere yard sweep. Fits 110 lawn mower. \$200.00 or best offer.


When picking up or dropping off your loved ones, please use the back ambulance entrance from now forward. This area is more even and is also covered from the elements. We also feel it is safer than trying to load/unload in the front parking lot. Please be sure to sign in/sign out as you have done previously and check in with the nurse. If you have any questions please contact us here at the care center. Thank you for your cooperation!



THANK YOU!!!!
Thanks to Mary Breja for the pretty wreathes and crosses that she made and donated to our residents. They are brightening our rooms and doors!!


Reminder:

We can now do ACH for payment of your monthly bill! Contact Teresa Selken for information or see her in the business office. There are no extra fees for this service and minimal paperwork!



Reminder of Cold Weather:

If you are bringing in warmer clothes for your loved ones, please be sure to mark them with their names or have our Laundry staff assist you with this. Also let the nurses station know so that they may update the inventory list. This will help us to be sure everyone gets the correct clothing items. Thank you!



UPDATE : No Smoking Policy

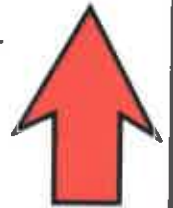
Starting November 1st we will become a smoke free campus. This means that there will be no smoking anywhere on the property including the parking lots or in your car. This area includes the care center, assisted living, Parkview apartments and the areas in between the buildings. This rule applies to not only employees but also for any visitors. Thank you for your cooperation!



Activity Announcements



In September we handed out marketing baskets to promote our home health! We serve Benton, Iowa and Tama counties. Help us pass the word!!



We purchased a parachute for the residents. This is not only a fun activity for the residents, it is also a healthy way to keep them moving, even if we can't get outside!

Halloween Fun!!



Join us Friday October 28th to hand out Candy to the kids. If you want to bring a bag of candy for your loved one to hand out, make sure to have it marked with their name on it. We invite any school age kids to come and join in so if you have children or grandchildren you would like to bring, please do!

If you have any questions contact us here at the Care Center.



Thank you to all that donated school supplies for our elementary students in the community! We had a great response this year and were able to help out quite a few children in need.. If it wasn't for all of the generous people that dropped off items, this wouldn't be a possibility. Thank you again!!

UPCOMING EVENTS AND ACTIVITIES

- ◆ Resident Leaf Ride/Pumpkin Farm trip. Thursday October 6th. We plan to load up at 10:00am and head to Vinton for lunch at the Vinton Family Restaurant (formally the 218 café). We then plan to go to the pumpkin farm north of Vinton. Please RSVP if you plan to attend the lunch & then feel free to follow us on for the afternoon!
- ◆ October is Coat Drive month. Please bring coats/hats/gloves/snow boots, etc to the care center for those in need in our community schools.
- ◆ Saturday October 15th is our annual chili cook-off and again this year we will be judging chili AND salsa!! Please let Cindy know at the care center if you plan to bring chili/salsa to be judged. Trophies will be awarded. All proceeds will go to the Alzheimer's Association. Thank you for your support in raising funds for a cure!

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com.

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.



 Find us on
Facebook

Phone: 319-442-3234

Fax: 319-442-3550

250 5th Street

Keystone, IA 52249

www.keystonecarecenter.com



Meals on Wheels available 7 days a week
for lunch. Call us to set up delivery.