

# Keystone Nursing Care Center

## Monthly Newsletter

May 2016

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### Resident's Rights:

Facility may not require residents or potential residents to waive their rights to Medicare or Medicaid; require assurance that residents or potential residents are not eligible for Medicare or Medicaid benefits, or require a third party guarantee of payment as a condition of admission or expedited admission. Nor can the facility charge, solicit, accept or receive as a pre-condition of admission, expedited admission, or continued stay in the facility under the state plan anything of value, over and above what is lawfully required to be paid except a charge may be made for items and services the resident requested and received that are not "nursing facility services" under the state plan so long as the facility gives proper notice.

What this boils down to is that the facility and the staff in the facility cannot accept any gifts of any kind. Often times when staff is noted to go above and beyond or residents and family feel a special connection with staff gift giving is attempted. This is not allowed and gifts must be returned. We encourage you not to give gifts of any kind. The management staff would however like to know if you feel a staff member goes above and beyond. This information will be used in staff evaluations and could have a positive impact on their raise. The facility also has a shout out board that you can find in the business hall. This is an area to post positive comments about staff members. Feel free to post a "shout out" to someone going above and beyond.

Lastly if you feel you would still like to give please participate in facility fundraisers and donation projects. Consider donating funds to purchase items for all staffs benefit. Examples of items purchased for the staff with donations in the past are facility wide lunch, lockers for the break room, lifts to move patients with great ease, items for fitness challenges to encourage health and wellness. Examples of items purchased for residents with donation money: Nustep machine, lifts, therapy equipment, items for future holiday parties, upgrades to the building, and trips out of the building with residents. If you would like more information contact Tracy Hanson RN BSN or Cindy Behrens BSW.





Thanks to the Central Lutheran Students for coming to entertain our residents!!

### Enjoying the Easter Bunny !!!!



## Activity Announcements

### REMINDER:

Mother / Daughter Tea will be Friday May 6th at 2pm. Please come and join your loved ones to celebrate Mother's Day. If you would like to bring a special outfit for your family, please let our staff know and we will be sure to have the residents dressed for the occasion. Please RSVP by May 4th by contacting Sue Meyer, Activity Director so that we have seating for all that attend! Hope to see you there!!!



Please join us for our annual volunteer luncheon! We hold this to thank all of those that have helped us out over the year. We couldn't provide the activities and extra support for our residents without all of your help!!

We will be having this Friday May 26th at the Keystone Turner Hall. Serving lunch at noon with entertainment from Judy Mehlert to follow.

Please RSVP to Sue Meyer, Activity Director by Monday May 23rd.



## Bake for Cancer!!

We are hosting a Bake Sale / Garage Sale to raise money for the American Cancer Society on Saturday May 14th during the Keystone Town-wide garage sales. We will open for business at 8am and will be located at Cindy Oehlerich's garage at 302 4th Ave. If you are interested in donating any items please have them to the Care Center on Friday before 4pm or drop them off that morning at the garage. We will also be selling luminaires for the Relay for Life which is June 10th 6pm-10pm. Please come help us raise funds for this disease that has touched most of our lives in some way. You can also go online to donate to our Relay for Life team under the name Keystone Cohorts. Thank you!!



### Come Help Us Celebrate Nursing Home Week!!

The week of May 9th—May 13th we will be celebrating Nursing Home Week with the residents and the staff. We have planned theme days and invite families and community members to come and take part!!

Monday—German Day

Tuesday—Beach Party Day

Wednesday—French Day

Thursday—Street Fair Day

Friday—Mexican Day

We plan to have meals that week that coincide with the theme and also play games, have music, etc. **PLEASE NOTE: We will be having a street fair in the front parking lot for our residents and any family members that would be interested from 3-5pm.** If you have any questions on this please contact Cindy Behrens BSW, Social Worker at 319-442-3234.

## UPCOMING EVENTS AND ACTIVITIES

- ◆ **Mother's Day Tea:** Friday May 6th at 2pm. Please RSVP by May 4th to Sue Meyer.
- ◆ **American Cancer Society Bake Sale** May 14th @ 8am during Keystone Town Wide Garage Sales. Cindy Oehelrich's garage @ 302 4th Ave, Keystone.
- ◆ **Volunteer Luncheon** May 26th @ Keystone Turner Hall. Serving at Noon. Please RSVP to Sue Meyer by May 23rd.
- ◆ **Save the Date: Motorcycle / Car Cruise** Saturday June 11th. All proceeds go to the American Cancer Society.

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at [www.keystonecarecenter.com](http://www.keystonecarecenter.com)

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.



 Find us on  
**Facebook**

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Meals on Wheels available 7 days a week  
for lunch. Call us to set up delivery.

319-442-3234