# Keystone Nursing Care Center Monthly Newsletter

January 2017

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### From the desk of the Administrator

#### Resident's Rights:

Each resident has the right to formulate an advance directive and to be informed of the facility's policy to implement advance directives and applicable state law.

Here at the care center, we have begun using the IPOST (lowa Physicians Order for Scope of Treatment) forms for our residents. These forms ask specific questions regarding the residents wishes for their health care. Once these are completed they follow each resident when they leave the facility for reasons such as a doctor's appointment or hospital or emergency care. These forms give us as well as family members an idea of exactly what the residents wishes are in times of need.

If you have any questions regarding this resident's right, please contact Tracy Hanson, Administrator or Cindy Behrens, Social Worker at the Care Center.
319-442-3234.



Be prepared for weather changes! The parking lots and roads up to the care center can become very slick. *Please* take extra

caution when walking in the parking lot.



brought our staff treats and goodles for the holiday season!
We enjoyed all of

them and had plenty for all shifts.
Thank you again!!

### Interested in Volunteering?

Our Key Ladies group is looking for volunteers to help out at the nursing home. You would come once a month to help facilitate bingo and provide treats occasionally when needed. If interested or have any questions, please contact Cindy Behrens, Social Worker at 319-442-3234.

# Sue Meyer is retiring!!!

HAPPY

After 42 1/2 years of service, Sue has decided to

move on to her next adventure! We are grateful for all that she has done for the care center and for all the different "hats" she has worn over the years. Please help us celebrate with Sue by joining us for an open house in her honor. Sunday January 8th at the Keystone Turner Hall from 2-4pm. Please pass the word and we welcome all!



Thank you to the Sweet Bell Peppers who helped entertain us for the Holidays !!



## FRITTER DAY

Join us for "Fritter Day" on Thursday January 19th, serving at lunch time.

### REMINDER:

If joining us for lunch or dinner, please call ahead to let us know. We want to make sure that we have plenty of food and also add extra seating if needed. Thank you for your cooperation!!!

Some of our residents decided to have "Coloring Club". This is a new activity we are trying out. If anyone has other ideas, please pass them on!



Thank you to Vicky Grimm for being our Christmas Elf this year. Thanks to our staff and community organizations, all of our residents had presents to open up on Christmas Day. Thank you to all that provided the gifts and a BIG thanks to VickyHI





## **Activity Announcements**

The Benton Community Atkins Elementary students joined us this holiday season with songs, activities and even made & donated nice toasty blankets for our residents! We thank them for spending time with us this holiday season! Thanks again to the school and the students!!







Our employees had an ugly sweater contest and white elephant gift exchange to celebrate the holiday season! Congrats to Teresa Selken as our winner with her sweater/Christmas tree combo!!









# **UPCOMING EVENTS AND ACTIVITIES**

- Sue Meyer Retirement Party! Open House on Sunday January 8th, 2-4pm @ Keystone
   Turner Hall. Please all come and thank her for all her years of service!
- Fritter Day is Thursday January 19th serving at lunch time. Everyone welcome!
- Every Wednesday is Pastry Day from 7am—9am. Come enjoy home made pastries and conversation with our residents!

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.

