

# Keystone Nursing Care Center

## Monthly Newsletter

January 2016

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### From the desk of the Administrator

#### **Resident's Rights:**

Each resident has the right to formulate an advance directive and to be informed of the facility's policy to implement advance directives and applicable state law.

Here at the care center, we have begun using the IPOST (Iowa Physicians Order for Scope of Treatment) forms for our residents. These forms ask specific questions regarding the residents wishes for their health care. Once these are completed they follow each resident when they leave the facility for reasons such as a doctor's appointment or hospital or emergency care. These forms give us as well as family members an idea of exactly what the residents wishes are in times of need.

If you have any questions regarding this resident's right, please contact Tracy Hanson, Administrator or Cindy Behrens, Social Worker at the Care Center.  
319-442-3234.

*Thank  
You*

**To all that brought our staff treats and goodies for the holiday season! We enjoyed all of them and had plenty for all shifts. Thank you again!!**

### Interested in Volunteering?

Our Key Ladies group is looking for volunteers to help out at the nursing home. You would come once a month to help facilitate bingo and provide treats occasionally when needed. If interested or have any questions, please contact Cindy Behrens, Social Worker at 319-442-3234.

Be prepared for weather changes! The parking lots and roads up to the care center can become very slick. *Please* take extra caution when walking in the parking lot.







Thank you to the Van Horne Florilia Group who helped us with decorating for the Holidays!!!



## FRITTER DAY

Join us for "Fritter Day" on Thursday January 21st serving at noon. We will also be serving Grape Soup. Everyone welcome!



Happy New Year from our staff here at Keystone Nursing Care Center!!!

## Cold weather Reminder:

**It is getting cold outside! Please help us keep our residents safe by making sure when you leave, no one is following you. If the alarm sounds please wait until a staff member arrives to leave. The alarms are set up to warn us of a resident leaving the building. Sometimes these alarms sound when a resident with a wander guard bracelet is close to the door. In an effort to keep all residents safe during this cold season please get assistance if an alarm is sounding, and make sure no one is following you out the door.**





## Activity Announcements

We had lots of visitors this year from the Benton Community Elementary students. We thank them for spending time with us this holiday season! They read books, sang, made decorations and even put together blankets!! Thanks again to the school and the students!!



Thank you to Christine's Dancers for performing for us this past month!



## UPCOMING EVENTS AND ACTIVITIES

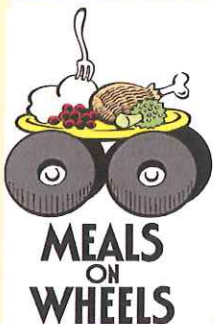
- ♦ Fritter Day is Thursday January 21st serving at noon. We will also be serving Grape Soup! Everyone welcome!
- ♦ Every Wednesday is Pastry Day from 7am—9am. Come enjoy home made pastries and conversation with our residents!

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at [www.keystonecarecenter.com](http://www.keystonecarecenter.com)

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.



 Find us on  
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Meals on Wheels available 7 days a week  
for lunch. Call us to set up delivery