# Keystone Nursing Care Center Monthly Newsletter

August 2016

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#### From the desk of the Administrator

Resident's Rights:

Each resident has the right to immediate access by any representative of the Secretary, United States Department of Health and Human Services; any official properly acting for the state; the resident's individual physician; the state long-term care ombudsman and (as appropriate) other state agencies entitled to visit with residents under federal or state law, members of the resident's immediate family or other relatives, and any entity or individual providing health, social, legal or other services to the resident, subject to the resident's right to deny or withdraw consent for such visits. Each resident has the right to receive others subject to reasonable restrictions and the resident's right to deny or withdraw consent for such visits.

If you have questions about this feel free to speak with Tracy Hanson RN BSN Administrator, or Cindy Behrens BSW Social Worker.

We are always looking for new entertainment for our residents. If you know of anyone that would be interested please give us a call or have them contact Sue Meyer, Activity Director.



#### Help Wanted:

We are looking for anyone interested in being a Certified



Nursing Aide (C.N.A.) for the Care Center. Hours will vary. If you or you know of anyone interested, please stop in to fill out an application. If you have questions please contact Abbey Whalen, DON or Tracy Hanson, Administrator, BSN.

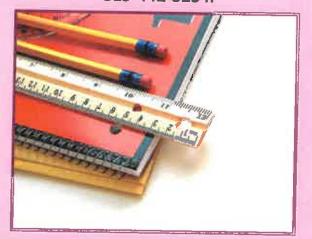
### Clothing Reminder:

When bringing in clothes, please be sure that all articles of clothing are marked. We also ask at this time that families thin out some of the clothes in the closets that may not be worn again until the next change in season. Some of the closets are getting overstuffed with items that are not worn. Also if there are bags of clothes in the bottom of the wardrobes, this means that they no longer fit per our staff

and we ask that you take them home with you. If you have any questions please contact Sue Kaloupek, Laundry supervisor at 319-442-3234 between 6am-2pm.



We will be having a school supply drive throughout the month of August. Please bring any donations to the Care Center. We will have a box on the front porch. If you have any questions please contact Cindy at 319-442-3234.



#### **Volunteers Needed:**

We are looking for anyone interested in joining our Key Ladies Volunteer group. Our Key Ladies help out with Bingo, social hours and other various activities through out the month. Our Volunteers are an important part in helping our residents enjoy their stay here at the care center. We appreciate all that they do and would love to

have anyone interested join us. If you have questions or would like to sign up, please contact Cindy Behrens, Social Worker or Sue Meyer, Activity Director at 319-442-3234.







Thank you Ally Bierschenk, Benton County Dairy Princess (and her friend!) for spending time with our residents!

## **Activity Announcements**

We took a fishing trip last month to Rogers Park in Vinton. We had a great day and most all caught fish (except one—see below!). Thanks to all that helped facilitate this and for bringing supplies that were needed!















### **UPCOMING EVENTS AND ACTIVITIES**

- School Supply drive all month-long in August. Drop off your donations in the box on the front porch and thank you for your support!
- Pastry Day every Wednesday morning from 7am-9am. Come join us for home made goodies!!
- Picnic in the Park! We will be taking the residents down to the Keystone City Park on Friday August 12th for lunch. If you would like to join us please RSVP by August 10th.

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.

