

# Keystone Nursing Care Center

## Monthly Newsletter

February 2022

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### From the desk of the Administrator

#### Resident's Rights:

Each Resident has the right to retain and use personal possessions, including some furnishings, and appropriate clothing, as space permits, unless to do so would infringe upon the rights or health and safety of other residents.

We encourage upon admission for every resident to bring items from home to decorate their room. This creates a more home like atmosphere. We ask that the path to exit the room and use the restroom are not blocked, there are no extension cords, nothing is placed within 18 inches from the ceiling, and no throw rugs are brought in. If you need assistance for hanging pictures on the wall let our staff know. If you need assistance with the setup of the room we can help.

*Some families have a winter and a summer wardrobe and they rotate them with the seasons. Most families will store one wardrobe at home. This helps with storage and space. Please make sure that everything is labeled with the resident's name. Items can be labeled with a black marker or with labels the laundry and housekeeping are able to iron on. Again if you need help getting items marked please let us know. We cannot guarantee personal items get back to the correct person if they are not marked.*

In double rooms we will attempt to make sure that items are not infringing upon the space of the opposite side of the room.

If you have any questions about anything please contact Tracy Bruns RN BSN Administrator at 319-442-3234 at the care center.



### HAPPY GROUNDHOG DAY

Turn your face to the sun and the shadows fall behind you. —Maori Proverb (JC)

#### Meals On Wheels Friendly Reminder:

As we all know, winter is among us. At this time we want to remind you that you need to clear a path to your door so we can deliver your meal safely. In inclement weather we will not be delivering meals. For cancellations, please check: **KGAN CBS Channel 2/FOX 28 news**  
If you have any questions contact Derek Ealy, Dietary Manager at 319-442-3234.

#### Newsletter Update:

Just a reminder that starting March 2022 the newsletter will now only be available on our Facebook page and on our website. If you would like to have the newsletter emailed to you each month, please sign up on the webpage at [www.keystonecarecenter.com](http://www.keystonecarecenter.com)

If you do not have access to the internet or email please contact us here at the care center so we can make arrangements for you. Thanks!!

While the COVID-19 pandemic has created unprecedented challenges across the health care system, I wanted to take a moment to assure you that the care of your loved one remains our top priority. At Keystone Nursing Care Center we are grateful for the opportunity to provide exceptional care for your loved one. Thank you for entrusting their care with us.

We are committed to providing great quality care for all we serve. One of the many ways we are doing that includes bringing on and training additional staff to provide your loved one with even more personal care, so you may see a few new faces around, which may also include those who work for staffing agencies. We are excited to have these new staff members on board, and I think you will be too.

We also wanted to be sure to note that if you are interested in volunteering or working at the center, please contact us at 319-442-3234.

There are a variety of positions you may find of interest in a long-term care center that don't necessarily require a nursing degree, such as activities, dietary and housekeeping services. And if you are interested in pursuing a nursing program, we'd be happy to visit with you further about that as well.

If you have any questions at any time, please don't hesitate to contact us at 319-442-3234.

Sincerely,  
Tracy Bruns RN BSN LNHA

### Care Center: Help Wanted

We are looking for full-time nurses, RN/LPN, all shifts. Please contact Lindsay Niebes RN, DON if interested or if you have any questions. \$500 sign on bonus available after 30 days; additional \$500 after 6 months.



### HOME HEALTH: Help Wanted

We are looking to fill one RN Nursing positions. \$500 sign on bonus. You must have a current RN/LPN license, be detail oriented, and have a strong ability to work independently. You will need a valid driver's license, vehicle insurance and a reliable vehicle. We offer a flexible schedule; reimbursement for phone and mileage; great benefits and an awesome team to support you. If you are interested contact Erika at 319-442-3650 (\$500 after 30 days; additional \$500 after 6 months.)



## Activity Announcements



Ring in the new year!!!



Making Holiday Cookies!!!!



Thank you Keystone Elementary for bringing us Holiday cheer this year! We appreciate all the things our wonderful neighbors do for our residents!!!



Keystone Nursing Care Center  
250 5th Street  
Keystone, IA 52249

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**RETURN SERVICE REQUESTED**

## *UPCOMING EVENTS AND ACTIVITIES*

- Due to the COVID-19 requirements, we continue to have activities for residents only and are unable to invite families, friends or community members to join us. If you have any questions please let us know. Thank you for your understanding as we get through this pandemic safely.

If you know anyone that would like to receive our newsletter via email, please refer them to our website at [www.keystonecarecenter.com](http://www.keystonecarecenter.com) to sign up. You can also view it on our Facebook page starting in March 2022.

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Bruns, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.