

Keystone Nursing Care Center

Monthly Newsletter

November 2020

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From the desk of the Administrator

Resident's Rights:

Each resident has the right to formulate an advance directive and to be informed of the facility's policy to implement advance directives and applicable state law.

Here at the care center, we are using the IPOST (Iowa Physicians Order for Scope of Treatment) forms for our residents. These forms ask specific questions regarding the residents wishes for their health care. Once these are completed they follow each resident when they leave the facility for reasons such as doctor appointments or hospital or emergency care. These forms give us as well as family members an idea of exactly what the residents wishes are in times of need.

This is also a great way to start the conversation with your loved ones if you haven't already. Some medical professionals encourage the use of these to be displayed in your loved ones home on the refrigerator in case of an emergency. You should be able to get these forms from your PCP if you are interested.

If you have any questions regarding this resident's right, please contact Tracy Hanson, Administrator at the Care Center.

Thank you Volunteers!!!

Although we are not using our volunteers due to the corona virus, we have not forgot about you! For our appreciation for all the things you have done in the past and we hope in the future, we have a gift for you for the holidays!

Plan to swing by the care center to claim your present. Pull up to the west door (therapy entrance) and call the facility at 319-442-3234. Let us know that you are here and we will bring it out for you. Due to staffing, we would appreciate it if you would stop Monday—Friday, 8:30am - 3:30pm if possible. Again we thank you for all of the support you have given us in the past and we hope in the near future!!!



MEALS ON WHEELS NEWS:

In inclement weather we will not be delivering meals on wheels. Please tune in to KCRG TV/9 news for cancelations.

If you have any questions, call us at 319-442-3234.

Community Luncheon:

Due to the Covid-19 pandemic and isolation requirements, we will not be hosting the community lunch in Van Horne as we have in the past. Thank you for your understanding.

Cold and Flu season is upon us!

According to CDC.gov It has been recognized for many years that people 65 years and older are at greater risk of serious complications from the flu compared with young, healthy adults because human immune defenses become weaker with age. While flu seasons can vary in severity, during most seasons, people 65 years and older bear the greatest burden of severe flu disease. In recent years, for example, it's estimated that between 80 percent and 90 percent of seasonal flu-related deaths have occurred in people 65 years and older. Between 50 percent and 70 percent of seasonal flu-related hospitalizations have occurred among people in that same age group. Even though we currently have visitation restrictions, please use safe practices when out and about. We care about our resident families as much as our residents and hope we all stay healthy for the remainder of the year!

Congratulations to the Kitchen staff for passing your county health department inspection. Keystone Care Center provides over 500 meals on wheels a month to members of Benton community. This inspection as well as multiple other yearly inspections recognizes the outstanding job our kitchen staff does daily. Keep up the great work KNCC kitchen!!!! If you are interested in signing up for our meals on wheels program call 319-442-3234 to find out more.



Happy



Thanksgiving



Activity Announcements



Getting in the spirit for Halloween!!!
Crafts by the residents.



I Love Lucy Day!



Thank you to the residents for helping make Ghost suckers for the Benton Elementary students. Since the student costume parade is not able to happen this year, we still wanted to send the students some treats!!!





Keystone Nursing Care Center
250 5th Street
Keystone, IA 52249

PRSR MKT
U.S. POSTAGE PAID
KEYSTONE, IA
PERMIT NO. 9

RETURN SERVICE REQUESTED

UPCOMING EVENTS AND ACTIVITIES

- ◆ Open Enrollment for Medicare/ Insurance changes runs from Oct. 15-December 7th. Contact the state SHIP office for more information at 1-800-351-4664.
- Due to the isolation requirements we have to uphold, all other events and activities have been cancelled for the month of November. If you have any questions please let us know. Thank you for your understanding as we get through this pandemic together, safely.

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.