

# Keystone Nursing Care Center

## Monthly Newsletter

July 2020

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### **From the desk of the Administrator**

To our residents and family members:

We understand that the past few months have been challenging due to the emergence of the COVID-19 virus and the additional safety precautions that have been put in place because of the virus, such as the limitation of in-person visits to our facility. We also understand that, although these precautions were necessary to protect the safety of your loved one, not being able to visit in person has been especially challenging. We appreciate your patience and the sacrifice you have made to help protect your loved one during the COVID-19 crisis by not visiting in person.

The state of Iowa is implementing a phased approach to safely reopening long-term care facilities to visitation. The purpose of this phased approach is to provide as safe a pathway as possible to resident and family visits. There will be three phases for transitioning to reopening for visitation based on a facility's current COVID-19 status.

At Keystone Nursing Care Center, we are currently at Phase 1 in the state's reopening plan. This means that:

• The following types of visits are allowed:

o Compassionate care visits for end of life and psycho-social needs. We are only allowing 2 family members to visit at one time and each family member but be screened upon entry and will need to take additional precautions, including social distancing and hand hygiene. All visitors will be required to wear appropriate PPE which includes: medical grade facemask, gloves, goggles and gown during the entire visit..

o We will continue to allow window visits that are controlled and coordinated by facility staff. Just a reminder the window MUST be closed. We can provide a cordless phone for your loved one to use to visit with you on your cell phone.

o We will also continue to provide virtual visits as we already have been.

• The following types of visits still are NOT allowed to protect the safety of residents:

o In-person visits other than the compassionate care visits for end of life situations and psycho social needs.

At this time we are unsure when we will be able to enter phase 2 as we have received some conflicting information from Iowa Department of Public Health and Iowa Department of Inspections and Appeals regarding the use of PPE (personal protective equipment). As you are all aware there has been a worldwide shortage of PPE which will make it impossible for the facility to comply with the requirements to move to Phase 2.

We know that you are anxious to see your loved ones and we are wanting to make this happen but failure to comply with the regulations will be detrimental to the facility.

We HIGHLY ENCOURAGE you to contact our local senator, Iowa Department of Public Health, Iowa Department of Inspections and Appeals and local long term care ombudsmen regarding your dissatisfaction of our inability to proceed with the phasing approach (see contact information below).

Keystone Care Center feels we have done an excellent job of keeping Covid-19 from our residents by diligently following the guidelines over the last 3+ months and also don't understand why the regulations need to be enhanced from what we are already doing.

We will continue to keep you informed as we work through this phased reopening, and we will let you know each time we reach a new phase in the process and the visitation options available at each phase.

Please contact Tracy Hanson, Administrator, Lindsay Niebes, Director of Nursing, or Tracy Sieck, LPN/Infection Control Preventionist at 319-442-3234 with any questions about arranging visits during this new transition.

Office of the Governor, Kim Reynolds  
Iowa State Capitol  
1007 East Grand Avenue  
Des Moines, IA 50319  
515-281-5211

Iowa Department of Public Health  
Lucas State Office Building  
321 E. 12th Street - Des Moines, IA 50319-0075  
Phone: (515) 281-7689

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Tim Kapucian, State Senator  
Legislative Email: [tim.kapucian@legis.iowa.gov](mailto:tim.kapucian@legis.iowa.gov)  
Home Email: [senatefarmer@gmail.com](mailto:senatefarmer@gmail.com)  
Home Address: 1275 - 69th St, Keystone, IA 52249  
Cell Phone: 515.250.7769

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Iowa Department on Aging and The office of the State Long-Term Care Ombudsmen  
510 E 12th Street, Suite 2  
Des Moines, IA 50319  
Website [www.iowaaging.gov](http://www.iowaaging.gov)

## Help Wanted:

We are looking for a full time and a part time third shift C.N.A.(s) and also a part time assisted living aide with hours that vary. If you are interested or know someone who is, access our applications on our website page and apply on line.

If you have any questions you can call and speak with Lindsay Niebes, Director of Nursing or Tracy Hanson, Administrator, BSN. 319-442-3234.



Hog Roast Day! We surprised the residents with a hog roast picnic the month of June. It was a beautiful sunny day to be out getting some fresh air! Enjoyed by all!



# Activity Announcements



Snow Cone Day!!



Thank you to Melissa Venneman for the strawberry floats. The resident really enjoy all the great summer treats that have come our way!!



Keystone Nursing Care Center  
250 5th Street  
Keystone, IA 52249

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**RETURN SERVICE REQUESTED**

## *UPCOMING EVENTS AND ACTIVITIES*

Due to the isolation requirements we have to uphold, all events and activities have been cancelled for the month of July. If you have any questions please let us know. Thank you for your understanding as we work through this pandemic together, safely.

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at [www.keystonecarecenter.com](http://www.keystonecarecenter.com)

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.