

Keystone Nursing Care Center

Monthly Newsletter

January 2020

Page 1

From the desk of the Administrator

Resident's Rights:

Each resident has the right to formulate an advance directive and to be informed of the facility's policy to implement advance directives and applicable state law.

Here at the care center, we have begun using the IPOST (Iowa Physicians Order for Scope of Treatment) forms for our residents. These forms ask specific questions regarding the residents wishes for their health care. Once these are completed they follow each resident when they leave the facility for reasons such as a doctor's appointment or hospital or emergency care. These forms give us as well as family members an idea of exactly what the residents wishes are in times of need.

If you have any questions regarding this resident's right, please contact Tracy Hanson, Administrator or Cindy Behrens, Social Worker at the Care Center.
319-442-3234.

To all that brought our staff treats and goodies this holiday season! We enjoyed all of them and had plenty for all shifts. Thank you again!!

Thank You

Interested in Volunteering?

Our Key Ladies group is looking for volunteers to help out at the nursing home. The group comes once a month to help facilitate bingo and provide treats occasionally when needed. You can also come in and do one-on-one time with individual residents. If interested or have any questions, please contact Amy Sparks, Activity Director at 319-442-3234.

Be prepared for weather changes! The parking lots and roads can become very slick. *Please* take extra caution when walking in the parking lot.



REMINDER:

If you plan to join us for lunch or dinner, please call ahead to let us know. We want to make sure that we have plenty of food and also add extra seating if needed. Thank you for your cooperation!!!



FRITTER DAY

Join us for "Fritter Day" on Tuesday January 14th, serving at lunch time. Everyone welcome! Please RSVP if you plan to attend.

319-442-3234



Thank you to the elementary students for entertaining our residents with Christmas Carols!



Activity Announcements



Thank you to the Van Horne Florelia Group for decorating one of our Christmas Trees with their home made ornaments. This year it was



Thank you to the KeyLadies for also helping to decorate our facility. Here are the during and



Thanks to Christine's Dancers for sharing with us this holiday season!



PRSRT MKT
U.S. POSTAGE PAID
KEYSTONE, IA
PERMIT NO. 9

Keystone Nursing Care Center
250 5th Street
Keystone, IA 52249

RETURN SERVICE REQUESTED

UPCOMING EVENTS AND ACTIVITIES

- ◆ **Fritter Day: Tuesday January 14th during lunch; Please RSVP by Monday January 13th if you plan to attend—all are welcome!**
- ◆ Upcoming events (check back next month for specific dates) : Family Soup Dinner & Bread day!
- ◆ Check out the activity calendar inside for a list of our entertainment! All are welcome to join & bring friends/family.

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.