

Keystone Nursing Care Center

Monthly Newsletter

June 2019

Page 1

From the desk of the Administrator

Residents Rights

Respect & Dignity:

The resident has a right to be treated with respect and dignity.

This includes the right to refuse to transfer to another room in the facility **IF** the purpose of the transfer is 1) to relocate a resident of a SNF from the distinct part of the institution that is a SNF to a part of the institution that is not a SNF, or 2) to relocate a resident of a NF from the distinct part of the institution that is a NF to a distinct part of the institution that is a SNF or 3) solely for the convenience of the staff.

What this means is that there are times when we will have to transfer residents from one room to another for specific reasons. For example, it could be due to a safety issue or health issue or it may be due to a payor change. All Medicaid resident will be transferred into shared rooms if they are not already in them, once a spot opens up. Also once a resident comes off of the skilled level of care but needs to continue to stay as a resident in the facility, the skilled resident will be transferred to a non skilled room once one opens up.

If you have any questions regarding this resident's right, please contact Tracy Hanson, Administrator at the Care Center. 319-442-3234.

Save the date: June 20th @1pm

We will be hosting the AARP Iowa Fraud Watch Network at our new skilled facility. They will be providing a presentation on resources to help you spot and avoid identity theft and fraud so you can protect yourself and family. Come learn how to get watchdog alerts and stay up to date on con artists' latest tricks. It is free of charge for everyone—members, non-members and people of all ages. For more information contact Brenda at 319-442-3234.

Dylan Spina was awarded the Keystone Nursing Care Center Scholarship at the Benton High School Scholarship Awards ceremony. These funds are to be applied towards a degree in the medical field. Dylan has worked here since his junior year in high school and just graduated last week. Dylan has been an asset to the Keystone Team. This was the first year for this scholarship.

We are excited that the award went to someone already working for us.

Congratulations!!



Mother's Day Flowers & Fairies



Thank you to all the volunteers that came to enjoy our brunch to honor them and all the hard work that they do for our residents and our facility. The residents made tokens of appreciation for each one of them to take home.



Activity Announcements

Reminders for Upcoming Dates:

- Resident Advocate Board Meeting
June 4th @ 9am, Tuesday.
- Key Ladies Committee Meeting
June 6th @9am, Thursday.
- Yoga with Kristin Thursday, June 13th @
6pm In the new skilled wing.
- Father's Day BBQ Friday June 14th @
4pm. Please RSVP to Amy or Cindy.
- AARP Iowa Fraud Watch Network
Presentation Thursday June 20th @ 1pm
In the new skilled wing.

Reminder:

When joining your loved ones for meals at the care center, keep in mind that meals are \$6/person. You can pay Teresa Selken in the bookkeeping department or drop it in her mail box outside of her office door. If you would like to come for breakfast, the cost is \$3/person except on Wednesdays as we offer pastry day for all at no charge. If you have any questions please contact Tracy Hanson, Administrator.

Father's Day Cook-out

We will be hosting a Father's Day Cookout Friday June 14th in the back parking lot from 4-6pm. Social hour will run from 4-5pm with music by Jim Magdefrau. Food will be served starting at 5pm. Please come join us for some good conversation and food. RSVP to Amy Sparks, Activity Director or Cindy Behrens, Social Worker by June 12th at 319-442-3234.



TAKING RESIDENTS OUT OF THE BUILDING:

Now that the weather is getting warmer, please keep in mind when taking your loved ones out that you notify the charge nurse that you are leaving. Also sign out on the sheet by the exit door for that area. We now have 3 different sheets for the different areas (nurses station for the care center, living room in the new skilled wing and dining room in the assisted living). This enables us to get any medications or treatments ready as needed. We also ask that you sign your loved ones back in as soon as you arrive back at the care center. If you have any questions please contact Lindsay Niebes, DON at 319-442-3234.





Keystone Nursing Care Center
250 5th Street
Keystone, IA 52249

RETURN SERVICE REQUESTED

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UPCOMING EVENTS AND ACTIVITIES

- **Father's Day BBQ Friday June 14th. Social hour starts at 4pm with dinner at 5pm. We will be outside in the back parking lot. Please RSVP by Wednesday June 12th. Hope to see you there!**
- **Resident Advocate Meeting Tuesday June 4th @ 9am.**
- **KeyLadies Meeting Thursday June 6th @ 9am.**
- **Yoga with Kristin Thursday June 13th @ 6pm in the new skilled wing. RSVP to Brenda.**
- **AARP Iowa Fraud Watch Network presentation Thursday June 20th @ 1pm in the new skilled wing.**

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.

NURSING HOME WEEK 2019



Disco Day and Hawaiian Day!!





Cedar Rapids Kernels Game