

Keystone Nursing Care Center

Monthly Newsletter

January 2019

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From the desk of the Administrator

Resident's Rights:

Each resident has the right to formulate an advance directive and to be informed of the facility's policy to implement advance directives and applicable state law.

Here at the care center, we have begun using the IPOST (Iowa Physicians Order for Scope of Treatment) forms for our residents. These forms ask specific questions regarding the residents wishes for their health care. Once these are completed they follow each resident when they leave the facility for reasons such as a doctor's appointment or hospital or emergency care. These forms give us as well as family members an idea of exactly what the residents wishes are in times of need.

If you have any questions regarding this resident's right, please contact Tracy Hanson, Administrator or Cindy Behrens, Social Worker at the Care Center.
319-442-3234.

To all that brought our staff treats and goodies this holiday season! We enjoyed all of them and had plenty for all shifts. Thank you again!!

Thank You

Interested in Volunteering?

Our Key Ladies group is looking for volunteers to help out at the nursing home. You would come once a month to help facilitate bingo and provide treats occasionally when needed. If interested or have any questions, please contact Amy Sparks, Activity Director or Cindy Behrens BSW at 319-442-3234.



Be prepared for weather changes! The parking lots and roads can become very slick. Please take extra caution when walking in the parking lot.

Date Change:

Please note the Open House for our new addition has changed. We are now planning to have this on Thursday February 28th from 1pm—6pm. Please come join us for refreshments and tours!! We are excited to share this new part of our building with our community!



REMINDER:

If you plan to join us for lunch or dinner, please call ahead to let us know. We want to make sure that we have plenty of food and also add extra seating if needed. Thank you for your cooperation!!!

Serving Times:
Lunch starts at 11:30am
Dinner starts at 5:30pm



FRITTER DAY

Join us for "Fritter Day" on Thursday January 17th, serving at lunch time. Everyone welcome! Please RSVP if you plan to attend.

319-442-3234



Making Christmas Cookies with the Benton Community Girls Basketball Team! Thanks Ladies for making this so fun for the residents!!!



Congrats to our next completed class of Certified Nursing Assistants. Cassandra Childs, Elizabeth Stout, Erin Busenius and Amanda Donavon

Thank you to all who sent in the materials for our resident Christmas Trees! They turned out great and added that personal touch!!



Activity Announcements



Jody Rodgers came in to do "Crafts with Jody" to keep our Christmas spirit going through the month. Thanks Jody—they turned out great!!!



Thanks to our staff that participated in our ugly sweater contest!!



We had a surprise visit from Santa!!! Thanks to Ron Garbers, Board President, for brightening up our day!!!



Thank you to the Benton Community Middle School Student Council for making the residents lap blankets for the residents!!





Keystone Nursing Care Center
250 5th Street
Keystone, IA 52249

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RETURN SERVICE REQUESTED

UPCOMING EVENTS AND ACTIVITIES

- ◆ **Fritter Day: Thursday January 17th during lunch; Please RSVP if you plan to attend—all are welcome!**
- ◆ **CHANGE THE DATE: Open house has changed to Thursday February 28th, 1pm—6pm; refreshments and tours!**
- ◆ **Upcoming events (check back next month for specific dates) : Family Soup Dinner & Bread day**

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.