

Keystone Nursing Care Center

Monthly Newsletter

December 2018

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From the desk of the Administrator

Resident's Rights:

The resident has a right to be treated with respect and dignity.

This includes the right to refuse to transfer to another room in the facility IF the purpose of the transfer is 1) to relocate a resident of a SNF from the distinct part of the institution that is a SNF to a part of the institution that is not a SNF, or 2) to relocate a resident of a NF from the distinct part of the institution that is a NF to a distinct part of the institution that is a SNF or 3) solely for the convenience of the staff.

What this means is that there are times when we will have to transfer residents from one room to another for specific reasons. For example, it could be due to a safety issue or health issue or it may be due to a payor change. All Medicaid resident will be transferred into shared rooms if they are not already in them, once a spot opens up. Also once a resident comes off of the skilled level of care but needs to continue to stay as a resident in the facility, the skilled resident will be transferred to a non skilled room once one opens up.

If you have any questions regarding this resident's right, please contact Tracy Hanson, Administrator at the Care Center. 319-442-3234.



Thanks again to our caring and giving staff for donating food to supply 11 families in the community with Thanksgiving dinner!! We greatly appreciate their kindness and support to help others in need!

If you are taking residents out for the Holidays:

Please note that if you are taking your loved one out for the holidays, please give our staff at **least 24 hours notice** so that we can get any medications ready that they may need. Thank you for your cooperation and communication!!!



Happy
Holidays

Greetings!

I am so glad to be back at KNCCI I returned mid-September as the MDS Coordinator/Assisted Living Manager. Some of you may not know that I was the Director of Nursing here from 2000 to 2010, I then came back and started the Home Health department from 2013 to 2015. I am originally from Keystone but currently live in Dysart.

May people ask me, "so what do you do all day?" So, I thought I would give you a brief outline.

As the MDS Coordinator I complete the state and federal assessments that are required every 3 months and as needed with resident health changes. These assessments provide the state and federal government with data; they in turn formulate our reimbursement from Medicaid and Medicare based on this information. Therefore, it is very important that my assessments be accurate and timely. Certain sections of these assessments are completed by the Activity department, our Social Worker as well as the Dietary department, and I am responsible for scheduling the assessment as well as the care plan conferences. I receive input from the therapy and nursing department as well as the aides. Based on these assessments I complete a care plan that the staff have access to. This care plan provides everyone involved in the resident's care information that they need to provide the most accurate and personal care as possible. Any change in care occurs requires me to update the care plan so everyone is aware. I am also responsible for monitoring any skin issues that the residents may have on a weekly basis and updating the physician with this information.

As the Assisted Living manager, I oversee Nora who is the LPN in charge in Senior Suites. I complete health status assessments every quarter and as needed as the resident's health status changes. These assessments are less intense than those required in the care center. Input is received from Nora as well as the rest of the staff.

Sounds boring right? I love what I do and really love that I have returned to the Keystone Care Center family! My office is currently located in the therapy department but once the new addition is complete I will have an office there! Stop by and say hi anytime.

Wishing everyone a Merry Christmas and a Blessed New Year.

Robyn Midyett R.N.



Getting ready for the holidays with pumpkin decorating!!



Activity Announcements



Celebrating Halloween with the elementary students and staff families!!



Meals on Wheels:

Reminder to listen/watch KCRG for any cancellations in meal delivery due to the weather. Thanks!



If you are bringing in winter clothes or plan to bring gifts for the holidays that may be clothes, blankets or anything that will need to be laundered, please remember to mark them with your loved ones name. Thanks!!



Thank you to the Keystone Elementary for recognizing our staff for National Caregiver Week with bags of goodies for all!! We so enjoy and appreciate our relationship that we continue to have over the years with the students and the school staff! Thanks again!





Keystone Nursing Care Center
250 5th Street
Keystone, IA 52249

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RETURN SERVICE REQUESTED

UPCOMING EVENTS AND ACTIVITIES

- ◆ **Resident Advocate Meeting** Tuesday December 4th at 9am.
- ◆ **KeyLadies Meeting** Thursday December 13th at 9am.
- ◆ **Grand Opening—Open House for our new addition!** Please come help us celebrate on Friday February 8th, 2019 from 1:00pm—6:00pm. Door Prizes, Refreshments, Tours. Please spread the word—all are welcome!

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.



*Keystone Care Center will begin accepting
residents in their newly expanded building on
January 28, 2019.*

Call 319-442-2324 for more information.

*Help us celebrate at our
Grand Opening Reception
Friday, February 8, 2019 1:00 to 6:00 pm.*

Door Prizes—Refreshments—Tours

250 5th St Keystone IA 52249