

Keystone Nursing Care Center

Monthly Newsletter

May 2018

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Resident's Rights:

Facility may **not** require residents or potential residents to waive their **rights** to Medicare or Medicaid; require assurance that residents or potential residents are not eligible for Medicare or Medicaid benefits, or require a third party guarantee of payment as a condition of admission or expedited admission. Nor can the facility charge, solicit, accept or receive as a pre-condition of admission, expedited admission, or continued stay in the facility under the state plan anything of value, over and above what is lawfully required to be paid except a charge may be made for items and services the resident requested and received that are not "nursing facility services" under the state plan so long as the facility gives proper notice.

What this boils down to is that the facility and the staff in the facility cannot accept any gifts of any kind. Often times when staff is noted to go above and beyond or residents and family feel a special connection with staff, gift giving is attempted. This is not allowed and gifts must be returned. We encourage you not to give gifts of any kind. The management staff would, however, like to know if you feel a staff member goes above and beyond. This information will be used in staff evaluations and could have a positive impact on their raise. The facility also has a shout out board that you can find in the business hall. This is an area to post positive comments about staff members. Feel free to post a "shout out" to someone going above and beyond.

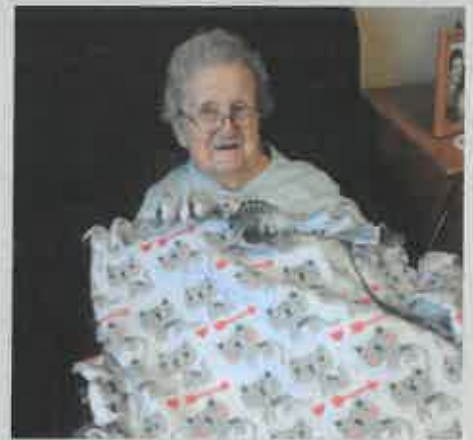
Lastly if you feel you would still like to give, please participate in facility fundraisers and donation projects. Consider donating funds to purchase items for all staffs benefit. Examples of items purchased for the staff with donations in the past are facility wide lunch, lockers for the break room, lifts to move patients with great ease, items for fitness challenges to encourage health and wellness. Examples of items purchased for residents with donation money: Nustep machine, lifts, therapy equipment, items for future holiday parties, upgrades to the building, and trips out of the building with residents. If you would like more information contact Tracy Hanson RN BSN Admin. or Cindy Behrens BSW.

National Nursing Home Week May 14 –18th

We will be having extra activities during this week including going to the Czech Museum in Cedar Rapids and a Cedar Rapids Kernals game. On Monday we are planning to make storyboards with the residents about their lives. This can include things from when they were growing up to more current events. We encourage anyone who would like to come and help their family member to join us and are welcome to bring items to be used. We will start approximately 2:30pm. If you have questions regarding this give Amy, Activity Director a call at 319-442-3234.



Thanks to the Methodist Youth Group for making and donating new blankets for our residents. We need them this year with the long winter!



Preparing for the Easter Egg Hunt!



Thanks to the St. John's Volunteer Quilt group for sharing their masterpieces with us.



Watching the kids



Coloring Eggs with Cool Whip this year



Activity Announcements

REMINDER:

Mother / Daughter Tea/Picnic will be Friday May 11th at 2pm. Please come and join your loved ones to celebrate Mother's Day. Weather permitting, we would like to try this outside in the back parking lot. Please RSVP by April 30th by contacting Amy Sparks , Activity Director, 319-442-3234, so that we have seating for all that attend! Hope to see you there!!!



Bake for Cancer!!

We are hosting a Bake Sale / Garage Sale to raise money for the American Cancer Society on Saturday May 12th during the Keystone Town-wide garage sales. We will open for business at 8am and will be located at Cindy Oehlerich's garage at 302 4th Ave. If you are interested in donating any items please drop them off that morning at the garage. Breakfast & lunch will be served and luminaires for the Relay for Life in June will be available. Please come help us raise funds for this disease that has touched most of our lives in some way. You can also go online to donate to our Relay for Life team under the name Keystone Cohorts. Thank you!!



Motorcycle / Car Cruise for Cancer!

We are having a cruise on Saturday June 9th to raise money for the American Cancer Society. Sign up at the Care Center in the South lot starting at 9am, plan to leave at 10am. We will be gone approximately 3 hours and will end up at the Keystone Turner Hall. A free-will donation lunch will be available starting at 11am at the Hall with desserts by our Key Ladies group. We will also have a donation raffle with tickets available: \$1 donation per ticket or \$10 donation for 15. If you have any questions or would like to donate prizes please contact Cindy, Social Worker at 319-442-3234.





Keystone Nursing Care Center
250 5th Street
Keystone, IA 52249

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RETURN SERVICE REQUESTED

UPCOMING EVENTS AND ACTIVITIES

- Mother/Daughter Picnic—Friday May 11th at 2pm. Weather permitting we will try this outside in the back parking lot. Please RSVP to Amy Sparks by Monday April 30th.
- Saturday May 12th Cancer Bake Sale/Garage Sale; 8am-2pm; See inside for details!
- Ground Breaking Ceremony for our new addition—Tuesday May 15th at 10:45am. Come help us celebrate the beginning of our process!
- Cancer Motorcycle Ride/Car Cruise June 9th. Sign up at 9am in the Car Center Parking lot; leave at 10am. Ride to end at the Keystone Turner Hall. Free-will lunch starts at 11am at the Turner Hall.

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.