

Keystone Nursing Care Center

Monthly Newsletter

February 2017

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From the desk of the Administrator

Resident's Rights:

Each Resident has the right to retain and use personal possessions, including some furnishings, and appropriate clothing, as space permits, unless to do so would infringe upon the rights or health and safety of other residents.

We encourage upon admission for every resident to bring items from home to decorate their room. This creates a more home like atmosphere. We ask that the path to exit the room and use the restroom are not blocked, there are no extension cords, nothing is placed within 18 inches from the ceiling, and no throw rugs are brought in. If you need assistance for hanging pictures on the wall let our staff know. If you need assistance with the setup of the room we can help.

Some families have a winter and a summer wardrobe and they rotate them with the seasons. Most families will store one wardrobe at home. This helps with storage and space. Please make sure that everything is labeled with the resident's name. Items can be labeled with a black marker or with labels the laundry and housekeeping are able to iron on.

In double rooms attempt to make sure that your items are not infringing upon the space of the opposite side of the room.

If you have any questions about anything please contact Tracy Hanson RN BSN Administrator at 319-442-3234, or in person at the care center.



HAPPY GROUNDHOG DAY

Turn your face to the sun and the shadows fall behind you. --Maori Proverb (JC)

Soup Dinner

Please join us on Tuesday February 21st from 5-6:30pm for our annual soup dinner. We encourage families to attend and ask that you RSVP by Friday February 17th so that we make sure we have seating for all.

We will be serving vegetable beef, chicken noodle, cheeseburger chowder and chili. The KeyLadies will be providing their delicious desserts for us as well.



Reminders:

VOLUNTEERS: PLEASE PICK UP YOUR HOLIDAY GIFT BY FEBRUARY 10TH. If any are left over we will be donating them out. Thank you!

Resident Advocate Meeting Tuesday March 6th @ 9am.

Key Ladies Meeting Thursday March 8th @ 9am. Anyone interesting in being part of our volunteer group please come and join us!!

Valentine's Day Social Hour

All are welcome to join us on Wednesday February 14th at 3pm for our social hour. Please pass the word. We look forward to seeing you!!!



Thank you to Kayla Nelson for helping out with our New Year's Eve celebration. Kayla is from Keystone and attends Iowa State University. She comes back during breaks at school to catch up with the residents. She previously worked in the kitchen as an aide.

Activity Announcements



**Celebrating
New Years
Eve 2017!**



CELEBRATE!



Be prepared for weather changes. The parking lots and roads up to the care center can become very slick. Take extra caution when walking in the parking lot.





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250 5th Street
Keystone, IA 52249

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UPCOMING EVENTS AND ACTIVITIES

- ◆ **Soup dinner Thursday February 15th from 5-6:30pm.** Families invited—RSVP by Friday February 9th . This will be an open house setting so come when you can!
- ◆ **Valentine's Day social hour! Wednesday February 14th at 3pm.** All are welcome!!
- ◆ **Reminder of Upcoming events (check back next month for specific dates):** Resident Advocate Committee Meeting Tuesday March 6th @ 9am and Keys Ladies Meeting Thursday March 8th @ 9am; Senior Citizen Community luncheon; St. Patrick's Day Social Hour

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.