

# Keystone Nursing Care Center

## March Newsletter



**From the Desk of the  
Administrator**  
Tracy Bruns

Each resident has the right to be informed about eligibility requirements and how to apply for and use financial and medical assistance including Medicaid and how to receive funds for previous payments covered by such benefits. If you should need assistance applying for Medicaid or insurance benefits, such as Long Term Care coverage, contact our Social Worker Cindy Behrens and she will be able to help you navigate you through the process.





# Happy Birthday!

## Residents

Delores V - 3/5

Bill G - 3/18

Ardith R - 3/21

Leroy P - 3/29



## Staff

Kayla N - 3/8

Sue K - 3/8

Avery G - 3/16

Mary Jo - 3/18

Olivia B - 3/26

Madison N - 3/29

Danielle K - 3/31



## Help Wanted

2nd Shift RN/LPN

2nd Shift CNAs

Weekend Package CNAs

Part Time Meals on Wheels Driver

**Contact Tracy Bruns at**  
**[tbruns@keystonecare.org](mailto:tbruns@keystonecare.org)**  
**or call 319-442-3234**

## Work Anniversaries

Micayla T - 1 Year

Elizabeth B - 1 Year

Ashley W - 4 Years

Amanda H - 4 Years

Eric W - 11 Years

Vicky G - 39 Years





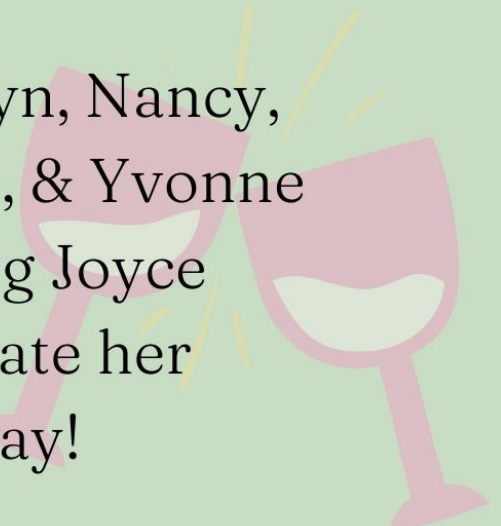
Helen & Jerrine  
celebrating our  
February Birthdays!  
Helen turned 100  
years old this  
month!



Happy  
Valentine's Day,  
Donna and Larry!



Kathryn, Nancy,  
Marge, & Yvonne  
helping Joyce  
celebrate her  
birthday!





Thank you to all of the families who delivered treats to the staff for Valentine's Day!



Whenever a staff member goes on a trip, we invite them to share photos with the residents! The residents love asking questions and reminiscing about trips they have taken!

Happy  
birthday  
Rita!







Thank you to Carly from the UNI Dementia Simulation House in Cedar Falls for hosting our monthly inservice! She gave a presentation on the behalf of Dementia Friends USA.

Dementia Friends USA is part of a global movement that is changing the way people think, act, and talk about dementia. Anyone can be a Dementia Friend – we all have a part to play in creating dementia friendly communities!

A Dementia Friend is someone who, through viewing a series of online videos or attending a live interactive session, learns about what it's like to live with dementia and then turns that understanding into action. From telling friends about the Dementia Friends program to visiting someone who is living with dementia, every action counts.

**If you have a loved one with dementia, we encourage you to set up a time to visit the Dementia Simulation House. Visit <https://csbs.uni.edu/dementia-simulation-house> for more information.**

*This Month*

is National Healthcare Social Work month! If you see Cindy Behrens, stop in and say "thank you!" for all that she does! We also want to acknowledge and thank all of our Hospice social workers who help our residents!



Keystone Nursing Care Center  
250 5th Street  
Keystone, Iowa 52249



Follow along with us  
online!

Website:  
[keystonecarecenter.com](http://keystonecarecenter.com)

Facebook:  
Keystone Nursing Care  
Center