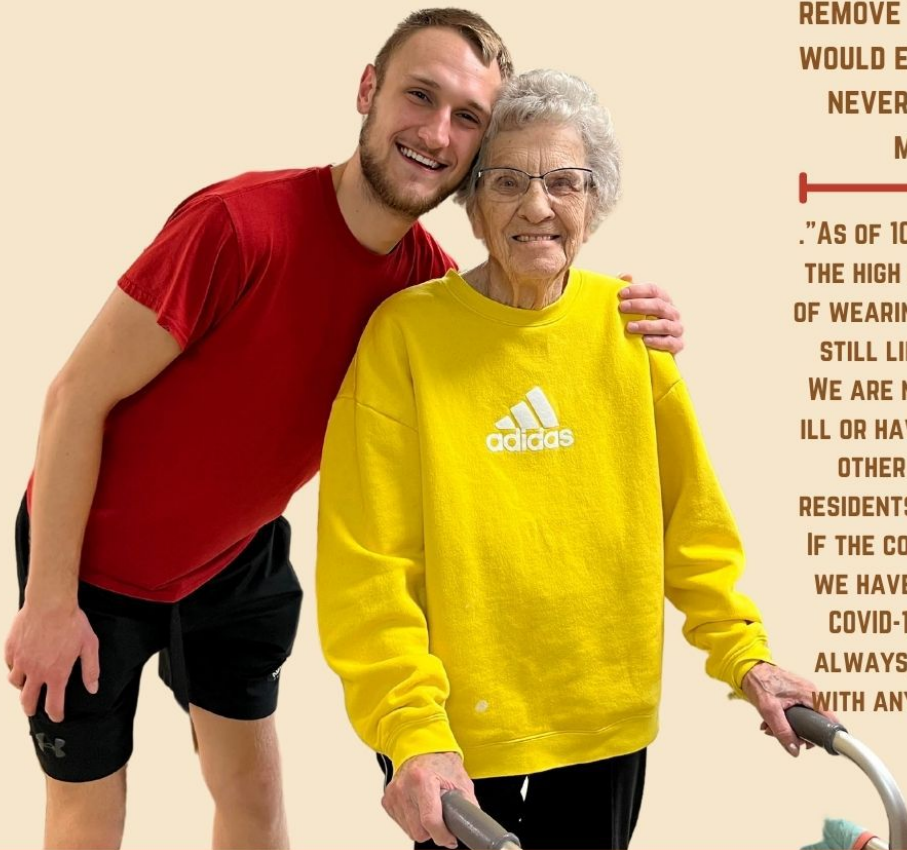


KEYSTONE NURSING CARE CENTER

NOVEMBER NEWSLETTER



OCTOBER WAS EXCITING! FOR THE FIRST TIME IN OVER TWO YEARS, STAFF AND VISITORS WERE ABLE TO REMOVE THEIR MASKS! WE TRULY DID NOT THINK THIS WOULD EVER HAPPEN. SOME OF OUR RESIDENTS HAVE NEVER SEEN THE FACES OF OUR STAFF. IT TRULY MAKES A DIFFERENCE TO SEE SMILES.

“AS OF 10/1/22, THE COUNTY TRANSMISSION RATE IS OUT OF THE HIGH CATEGORY AND WE ARE LIFTING THE REQUIREMENT OF WEARING A MASK FOR STAFF AND VISITORS. IF YOU WOULD STILL LIKE TO WEAR ONE, THAT IS ACCEPTABLE AS WELL. WE ARE NOT SCREENING VISITORS AT THIS TIME. IF YOU ARE ILL OR HAVING ANY SIGNS OR SYMPTOMS OF COVID-19 OR ANY OTHER ILLNESS, WE ASK, FOR THE PROTECTION OF OUR RESIDENTS AND STAFF, THAT YOU DO NOT VISIT AT THIS TIME. IF THE COUNTY TRANSMISSION RATE RISES BACK TO HIGH OR WE HAVE ONE STAFF OR ONE RESIDENT TEST POSITIVE FOR COVID-19, WE WILL HAVE TO MASK FOR TWO WEEKS. AS ALWAYS, WE WILL UPDATE YOU. FEEL FREE TO REACH OUT WITH ANY QUESTIONS” - LINDSAY NIEBES AND TRACY SIECK

From the Desk
of the Administrator
Tracy Bruns



EACH RESIDENT HAS THE RIGHT TO BE INFORMED ABOUT ELIGIBILITY REQUIREMENTS AND HOW TO APPLY FOR AND USE FINANCIAL AND MEDICAL ASSISTANCE INCLUDING MEDICAID AND HOW TO RECEIVE REFUNDS FOR PREVIOUS PAYMENTS COVERED BY SUCH BENEFITS.

IF YOU SHOULD NEED ASSISTANCE APPLYING FOR MEDICAID OR INSURANCE BENEFITS, SUCH AS LONG TERM CARE COVERAGE, CONTACT CINDY BEHRENS, SOCIAL WORKER AND SHE WILL BE ABLE TO HELP NAVIGATE YOU THROUGH THE PROCESS.

IF YOU HAVE ANY QUESTIONS REGARDING RESIDENT'S RIGHTS, PLEASE CONTACT TRACY BRUNS, RN BSN ADMINISTRATOR



Reminders

VOLUNTEERS

**PLEASE MAKE SURE
TO PICK UP YOUR
ANNUAL CHRISTMAS GIFT!**

**PLEASE RSVP BY NOVEMBER 4TH FOR
OUR THANKSGIVING DINNER!
PLEASE LET US KNOW HOW MANY
WILL BE JOINING YOUR LOVED ONE.
319 - 442 - 3234
KNELSON@KEYSTONECARE.ORG**

COMMUNITY LUNCH

**TUESDAY, NOVEMBER
22
BLOOD PRESSURE
CHECKS
11:30 - NOON
LUNCH AT NOON!**

**PLEASE RSVP TO THE
NURSING HOME
319 - 442 - 3234**

**AS THE WEATHER GET'S COLDER,
PLEASE MAKE SURE THAT IF YOU'RE
BRINGING IN WARMER CLOTHES FOR
YOUR LOVED ONE THAT THEY ARE
LABELLED. THANK YOU!**

**CARE CONFERENCES WILL
NOW BE HELD IN THE ACTIVITY OFFICE.
IF YOU'RE UNSURE WHERE THAT'S
LOCATED, JUST LET STAFF KNOW AT
THE NURSES STATION AND THEY WILL
POINT YOU IN THE RIGHT DIRECTION!**

MEALS ON WHEELS:

**DURING INCLEMENT WEATHER, PLEASE CHECK
KGAN AND OUR FACEBOOK PAGE
FOR CANCELLATIONS.**





National Boss's Day!



TRACY BEGAN WORKING HERE AT KEYSTONE IN 2008. WITHIN TWO YEARS, AFTER WORKING AS A CNA, MEDICATION AIDE, LPN, RN BSN, MDS COORDINATOR, ASSISTANT DIRECTOR OF NURSING, AND DIRECTOR OF NURSING, SHE BECAME THE ADMINISTRATOR!

SHE ATTENDED THREE DIFFERENT COLLEGES AT THE SAME TIME, EXCELLED AT DOUBLE ACCELERATED PROGRAMS, GRADUATED WITH HONORS, AND ALL WHILE RAISING 4 KIDS! WE ARE SO LUCKY TO HAVE HER STEERING OUR SHIP EVERY DAY!

SINCE TRACY HAS BECOME ADMINISTRATOR, KEYSTONE HAS FLOURISHED! SHE OVERSAW THE ADDITION OF OUR NEW SKILLED AND THERAPY WING, HAS MAINTAINED A 5 STAR RATING FROM THE CENTERS OF MEDICARE SERVICES, AND LED HUGE GROWTH IN EMPLOYMENT. ALL WHILE MAINTAINING THE SAME GREAT CARE THAT KEYSTONE IS KNOWN FOR.

THANKS FOR EVERYTHING, TRACY!



JOIN OUR CREW!

NEEDED:

- **FULL/PART TIME NURSES & CNAS**
- **FULL TIME
HOUSEKEEPING/LAUNDRY AIDE**



**THE KEYSTONE NURSING CARE CENTER IS A 55 BED
AWARD WINNING 5 STAR (MEDICARE.GOV) FACILITY.
WE OFFER PAID VACATION, PERSONAL & SICK TIME,
401K, SIGN ON BONUS, SHIFT DIFFERENTIAL, TUITION
REIMBURSEMENT, AND AN INCREDIBLE FAMILY
ATMOSPHERE!**

NOVEMBER IS NATIONAL HOME HEALTH MONTH!

**THANK YOU TO OUR AMAZING HOME HEALTH STAFF
WHO WORK ENDLESSLY TO MAKE SURE OUR
COMMUNITY IS WELL CARED FOR! THEY CARE FOR
PEOPLE IN BENTON, IOWA, TAMA, LINN, AND
POWESHIEK COUNTIES.**

**KEYSTONE HOME HEALTH IS A PART OF THE AWARD
WINNING KEYSTONE NURSING CARE CENTER'S
CONTINUUM OF CARE SERVICES. WE KNOW GREAT
CARE. KEYSTONE HOME HEALTH PROVIDES
EXCEPTIONAL CARE IN THE COMFORT OF OUR CLIENTS
OWN HOME. HOME HEALTH CARE IS CONVENIENT,
EFFECTIVE, AND CAN PREVENT HOSPITALIZATIONS
AND/OR NURSING HOME PLACEMENT. WE HAVE BEEN
PROVIDING CARE FOR OUR SENIORS FOR OVER 40
YEARS. LET US CARE FOR YOU OR YOUR LOVED ONE!**



319-442-3650

EOLEARY@KEYSTONECARE.ORG

