



# Keystone Nursing

## Care Center

### **OCTOBER NEWSLETTER**



From the Desk of the  
Administrator:  
Tracy Bruns RN BSN



Each resident of the Keystone Nursing Care Center has the right to be informed of his or her rights and of all rules and regulations governing resident conduct and responsibilities during his or her stay in the facility.

The Keystone Nursing Care Center has our resident's rights posted in in many places throughout our facility. We also spend time during our monthly resident council meetings reviewing the rights. Please ask for a copy!



# Activity Page!



Bonita & Lois trying out our new yard games!



Bud & Maurice enjoying an outing at Main Street Bakery & Cafe



Tailgating for the Iowa/Iowa State Game!



Bonita cheering on the kid's soccer team!



Faye enjoying lunch at the Main Street Bakery & Cafe.



Rita helped us pick out pumpkins at Scott Kusel's pumpkin patch!



All departments helping decorate!



Fall Craft!



# October is National Physical Therapy Month!

## Meet Your Team!

Leah: I am a Physical therapist! I graduated from University of Wisconsin-Milwaukee with my Doctorate of Physical therapy in 2020. I have worked at Keystone Care Center for approximately 1.5 years. I Live in Waterloo with my husband.

Shelly: I am a Physical Therapist Assistant. I graduated from Hawkeye Community College in 2016. I have worked at the Keystone Care Center for just over 4 years! I live in Dysart with my husband.



Karissa: I am an Occupational Therapist! I graduated from St. Ambrose University in Davenport, IA with a Master's of Occupational Therapy in 2018. I have worked at Keystone Nursing Care Center for 3 years. I live with my husband and two cats in Cedar Rapids.

Julie: I am a Physical Therapist Assistant! I graduated from Kirkwood Community College. I have worked for Millennium Therapy for 13 years. I live on an acreage outside of Fairfax with my boyfriend, 5 children and 2 dogs.

Susan: I am an Occupational Therapist Assistant. I graduated from Kirkwood Community College in 2009. I have worked at Keystone Care Center for 3 years. I live in Mt Auburn and also do Home health, Lymphedema management, Rehab at Keystone

Shawn: Speech-Language Pathologist. I graduated with my master's degree from the University of Northern Iowa, and have been practicing for 26 years. I worked at the Keystone Care Center from 2018-2020, and returned this spring. I live on an acreage outside of Dysart with my husband and 3 kids.





The staff and their families enjoyed a kickball game on September 22! We are always looking for ways to strengthen our team. Thanks to our culture committee for putting this on! The residents had a blast watching and cheering them on.

It's getting colder! Once again we will be doing a coat drive for the elementary schools. Please bring new or lightly used childrens coats or snow-pants! You can also make a monetary donation and we will purchase winter items to donate. Please bring donations to the nursing home during the month of October! We will have a box in the entry porch!

Contact Kayla at [knelson@keystonecare.org](mailto:knelson@keystonecare.org) with any questions.

*Coat Drive*

*Help*

THE KEYSTONE NURSING CARE CENTER IS A 55 BED AWARD WINNING 5 STAR (MEDICARE.GOV) FACILITY. WE OFFER PAID VACATION, PERSONAL & SICK TIME, 401K, SIGN ON BONUS, SHIFT DIFFERENTIAL, TUITION REIMBURSEMENT, AND AN INCREDIBLE FAMILY ATMOSPHERE!



We are still looking for folks to join our team!

We are needing  
full/part time nurses -  
full/part time CNAs -  
Full time cook - full  
time laundry &  
housekeeping aide

*Wanted*



Keystone Nursing Care Center

250 5th Street

Keystone, IA 52249