




















September



2022

website
keystonecarecenter.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Daily 2:30 & 7 Snacks Squirrel Watching Quiet time 12:45- 2:15 Hair Care Wednesday -Amy Thursday - Joanne Mail Delivery				8:00 Table Talk 10:00 Exercise 3:00 Yard Games- Outside 6:00 Relax & Rewind **Happy 92nd Birthday Dorothy Kalinay**	8:00 Table Talk 10:00 Exercise 10:30 Resident Council- Activity Room 3:00 Jim Magdefrau **National Lazy Mom's Day**	9:30 Lutheran Church on TV 2:00 Wizard Of Oz Iowa VS S.Dakota St Iowa State Vs Southeast Missouri 
4	5	6	7	8	9	10
1:00 Oehlerich Family Lay Service 	3:00 Movie 	8:00 Table Talk 10:00 Exercise Lunchtime Trivia 3:00 Monthly Birthday	Pastry Day 8:00 Table Talk 10:00 Exercise 3:00 Beer Social ** National Beer Lover's Day** 	8:00 Table Talk 10:00 Exercise 1:30 Nails 3:00 Rock Painting 	8:00 Table Talk 10:00 Exercise 3:00 Tailgate 	9:30 Lutheran Church on TV Iowa VS Iowa St
11	12	13	14	15	16	17
1:00 Pastor Andy Wright Pianist Ann Franzenburg **Happy National Grandparents Day** 	8:00 Table Talk 10:00 Exercise 3:00 Key Ladies Bingo	8:00 Table Talk Out to eat Main St Bakery & Café 3:00 Deb Kromminga 6:00 Relax & Rewind	Pastry Day 8:00 Table Talk 10:00 Catholic Services 10:00 Exercise 2:00 Lutheran Communion 3:00 Balloon Baseball 6:00 Relax & Rewind	8:00 Table Talk 10:00 Exercise 3:00 Wine & Cheese 6:00 Relax & Rewind	8:00 Table Talk 10:00 Exercise 3:00 Horse Races	9:30 Lutheran Church on TV 2:00 Sound Of Music Iowa Vs Nevada Iowa State Vs Ohio 
18	19	20	21	22	23	24
1:00 Pastor Steve Rempfer Pianist Cindy Oehlerich **Happy 95th Birthday Helen VonAhsen**	8:00 Table Talk 10:00 Exercise 12:30 Yoga with Tracy 2:30 Baking- Residents Recipe	8:00 Table Talk 10:00 Exercise Pizza Party & Beer 2:30 Music History 6:00 Relax & Rewind **National pepperoni pizza day**	Pastry Day 8:00 Table Talk 10:00 Methodist Devotions 3:00 Legion Aux Social Hour 6:00 Relax & Rewind 	8:00 Table Talk 10:00 Exercise 2:30 Crafts 6:00 Staff Kickball 6:00 Wine & Nails ** National Girls night out** 	8:00 Table Talk 10:00 Exercise 3:00 Travel Club with Tracy 	9:30 Lutheran Church on TV 2:00 The Jazz Singer Iowa VS Rutgers Iowa State Vs Baylor 
25	26	27	28	29	30	
1:00 Pastor Dean Duncan Pianist Janyce Pohlmann 	8:00 Table Talk 10:00 Exercise 2:30 Oktoberfest **Happy 90th Birthday Lois Wessling** 	8:00 Table Talk 10:00 Exercise Lunchtime Trivia 2:30 Bunco **Happy 91st Birthday Bonita Wilson**	Pastry Day 8:00 Table Talk 10:00 Exercise 3:00 Key Ladies Social Hour	8:00 Table Talk 10:00 Exercise 3:00 Wheel Of Fortune 6:00 Relax & Rewind	8:00 Table Talk 10:00 Exercise 3:00 Jerry & Mryt	*Activities are subject to change *Outside Activities weather permitting